



Summer 2010  
Volume 5 Issue 3

# The Aromatic Goddess

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**Welcome to the** *Aromatic Goddess.*

*My Joy Brings More Light Into the World,  
And So Does Yours!  
--Joan Clark*

Looking Back – Spring Alchemy – “Sisters of Avalon” Gathering

In the spring I had the good fortune to travel to Glastonbury with ten amazing and powerful Goddesses where we opened the energy of the Spring Equinox while watching the sunrise over the ancient stones of Stonehenge. It is a trip I will never forget. We not only discovered the beauty and magic of the Goddess as we traveled from sacred site to site but we also found parts of ourselves that we had tucked away and were now willing and ready to bring forth.

We worked each day with a teaching from the Goddess Mystery School of Mary Magdalene and also with the plant spirit energies, via sacred scents, tinctures, and essential oils– so we could fully empower the alchemy of the GMS teachings, and awaken them more intimately within our own consciousness.

I will never forget... Standing at sunrise in the sacred stones of Stonehenge on the Equinox; walking up the Tor with the full wind blowing; holding sacred ritual at Chalice Well, and looking into the eyes of one another and remembering our connection. Walking and playing in the rain on the beautiful grounds of Avebury. The magnificent view in the healing waters of Bath. The giggles and the joy of visiting Wells Cathedral and exploring the magic and alchemy of the charming streets of Glastonbury (with it's sticky toffee pudding). Sound healing treatments and laughter yoga.

I will cherish the special country home we stayed at with our latenight tea parties, chatting away while munching on cheese and chocolate treats; our early morning “hurry and get in the van” moments; gourmet food cooked by Alberto; and our daily sessions of heart sharing, as well as our evening ritual baths we prepared for one another.

Last but not least– I will never forget the “sneak” photo moments, the van that was too small (but we made it work any way), our hands on top of one another as we each took a ring of commitment with the Goddess to follow our hearts desires, and our sister chant of “Hell Yes”!

Oneness was our mission, Oneness was our power, Oneness was our connection and Oneness was our prayer.

What more could one dream for and be blessed with? How about doing it again next year on the Summer Solstice!!

Thank you “Sister’s of Avalon”!



*Goddesses Patti and Andrea:  
Joy in Avalon*



*Mallory Melton,  
out standing in her field.*



### Summer Alchemy

We are greeted by the Light at the Summer Solstice, and guided into this amazing time of the year by the Full Moon Eclipse.

Summer is a time of— garden's blooming, fragrant jasmine nights, fire flies, cool aromatic drinks, gathering herbs, romantic sunsets, birthday celebrations, forth of July, floating on the water, sun drenched skin...

Summer, for me, represents the feelings of inner JOY and the desire for more FREEDOM to just be in the moment. It's about taking time out and enjoying life in a more relaxed and carefree way.

Saturday morning markets, where everyone is sharing and selling the goods that they have grown or created— vegetables, fruits, herbs, flowers, aromatic soaps, homemade cakes, pies and cookies.

Picnics, outdoor movies, latenight back porch gatherings, pool time, afternoon naps, and grilling out.

Vacations, traveling, weddings, graduations, it's a time of truly connecting to others, and to the earth in a much more casual and laid back way.

This season we hope you will focus on allowing more JOY, LAUGHTER and what brings you heart smiles.

Create aromatic memories and altars filled with people, experiences and objects that bring you JOY.

Let that JOY be your gift to the universe and in sharing your joy— sprinkle a little bit of aromatic alchemy along with it. Work with a new essential oil, anointing oil, tincture, perfume blend (natural, of course), or any kind of aromatic indulgence that brings you happiness.

Flirt with some magnificent sensual oils this season— jasmine, neroli, ylang ylang, or patchouli. Put them in your hair and let the wind share your "good scent-ual vibrations" with those around you.

Bathe in aromatic products that make you feel beautiful and drink those aromatic tinctures and teas as you relax on those lazy, hot summer days.

Think like Cleopatra and use your aromatic treasures to call forth what you desire.

The Goddess is in full bloom. Enjoy her and meander around in the Palais Aromatica. Here the Goddess always has something just for you.

In-JOY the moment!

Aromatic Blessings.

*Joan*





## The Goddess Aromaetica

In the Goddess Apothecary-- Summer is a time of gathering the herbs and flowers of the garden and creating aromatic treasures.

The garden is my muse. I just love the way you can create from her bounty. This season the royal temple is full of wonderful aromatic creations with which to inspire you.

We hope you will indulge your senses with a few of our aromatic potions, lotions and seasonal offerings so you can pamper and nurture your Goddess presence.

Some suggestions to get your energy flowing:

### Aromatic Tinctures for summer:

I believe aromatic tinctures are life-force energy. They are food for the cells and for anyone who is in need of emotional support. Working with the tinctures daily will shift your energy tremendously.

When energy flows in harmony and balance we feel good and that's what our goal is, right?

All of our tinctures at the Goddess Palais Aromaetica are full concentration (plant material, alcohol, flower essences and crystal alchemy). No water has been added to dilute the strength of the tincture.

You may cut the tincture with spring water if you desire to make the tincture less potent or if it feels too strong for you.

We have the following tinctures available from our garden this year:

**Chamomile** is a beautiful, delicate yet powerful flower energy that is perfect for calming emotional anxiety, relieving stomach distress and assisting harmony and flow in the system. It was Peter Rabbit's favorite remedy when he was in distress, and it's one of mine too.

**Chamomile**-- 1 oz - \$30.00

**Peppermint** is full of vital energy and life-force charisma. I have to say-- I don't know what I would do without peppermint. It is a miracle in a bottle. I can't go anywhere without it in various forms.

It generates physical stamina, healing, and extra aromatic support during this hot, summer days and nights. I love this in my water bottle when I am working out; and also, just sipping it through the day keeps my energy alive and flowering.

**Peppermint**-- 1 oz - \$30.00

**Melissa** is my favorite supportive heart therapy. I love this plant. We have had so many bees loving her in our garden this year. This is the plant for healing, opening and awakening the heart. For grief as well as for joy-- **Melissa** is for the heart. "I am allowing more love in my life. Anything other than love is released easily and effortlessly."

**Melissa**-- 1 oz - \$30.00

**Black Cohosh**-- a true and loyal friend for those of us Goddesses who are experiencing the effects of the rite of passage into *fem-a-pause*. Helps to monitor the hot flashes, night sweats, and other hormonal shifts that are occurring.

**Black Cohosh**-- 1 oz - \$30.00

**St. Joan's Wort.** Had to change the name to make it feminine. I love this tincture for working through internal conflict, daily irritations, frustrations and regrets. It is a marvelous aid to help calm oneself down and to help get to the root of the cause. Grounding, supportive and great for emotional wound healing.

**St. Joan's Wort**-- 1 oz - \$30.00

**Holy Basil.** I love **Holy Basil** for the energy it brings to the mind and heart. It links the two together. I feel when I use **Holy Basil** to help allow my thoughts and actions to come into alignment with a higher purpose. It brings *Spirit* to my system and soul.

**Holy Basil**-- 1 oz - \$30.00

**Rose.** We have many different rose tinctures for a variety of different intentions. My all time favorite one to work with during the summer is the "heart mend" tincture. It helps to heal the heart and also awaken it so that it moves into present moment and allows everything else to move away. **Rose** is the promise of the Mother Goddess. It has always been associated with the Goddess, and later with the Blessed Mother. It is truly for me-- *the alchemy of the divine feminine essence*.

**Rose**-- 1 oz - \$50.00

### Essential Oils to get to know this season:

(More choices available on website).

**Basil** -- 15 ml - \$17.00

**Bergamot** -- 15 ml - \$17.00

**Blood Orange** -- 15 ml - \$22.00

**Chamomile Roman** -- 5 ml - \$35.00

**Carrot Seed** -- 15 ml - \$18.50

**Cedarwood** -- 15 ml - \$12.00

**Clary Sage** -- 15 ml - \$23.00

**Coriander Seed** -- 15 ml - \$28.00

**Dill** -- 15 ml - \$12.00

**Fennel Seed** -- 15 ml - \$19.00

**Grapefruit** -- 15 ml - \$11.00

**Hyssop** -- 15 ml - \$22.50

**Italian Everlasting** -- 5 ml - \$35.00

**Laurel** -- 15 ml - \$35.00

**Lavender** -- 15 ml - \$22.50

**Lavender Stoechas** -- 15 ml - \$19.00

**Lemon** -- 15 ml - \$12.00

**Lime** -- 15 ml - \$10.00

**Mandarin (red)** -- 15 ml - \$14.00

**Marjoram** -- 15 ml - \$15.00

**Orange Sweet** -- 15 ml - \$9.00

**Parsley** -- 15 ml - \$15.00

**Patchouli** -- 15 ml - \$22.00

**Peppermint** -- 15 ml - \$24.00

**Petigrain Sur Fleurs** -- 15 ml - \$17.00

**Sage** -- 15 ml - \$15.00

**Spearmint** -- 15 ml - \$10.50

**St. John's Wort** -- 5 ml - \$33.00

**Tangerine** -- 15 ml - \$9.00

**Tea Tree** -- 15 ml - \$12.00

**Vetiver** -- 15 ml - \$15.00

**Ylang Ylang** -- 15 ml - \$19.00

### Exotic Oils:

**Carnation** -- 2 ml - \$70.00

**Jasmine Sambac** -- 5 ml - \$54.00

**Lavender Absolute** -- 15 ml - \$30.00

**Rose Absolute** -- 5 ml - \$95.00

**Violet Leaf Absolute** -- 5 ml - \$95.00



Lily – 2 ml - \$60.00

#### Aromatic Hydrosols –Water for the Body, Mind Soul and Spirit:

**Rose Hydrosol** – 4 oz/\$16.00, 8 oz/\$32.00  
**Peppermint Hydrosol** – 4 oz/\$12.00, 8 oz/\$24.00  
**Chamomile Hydrosol** – 4 oz/\$14.00, 8 oz/\$28.00  
**Lavender Hydrosol** – 4 oz/\$12.00, 8 oz/\$24.00



#### Goddess Perfumes:

The Goddess Perfumes can be in a base of jojoba, botanical alcohol or a solid balm. Make sure you are ordering the carrier of your choice.

**New- Divine Timing Blend** - is now available in a botanical alcohol base. One of the best sellers of the Palais Arometica line-- **Divine Timing** is a beautiful synergy of mystery, beauty and intrigue. How could it not be?— with oils of Rose, Boronia, Magnolia, and more.  
**Divine Timing** - 15 ml silver spray mister - \$45.00

**Tres Bien** –is also available in a botanical alcohol base as well as in jojoba. I love this blend for the summer. It is uplifting and full of the inspiration of Neroli, Bergamot, Mandarin, Jasmine and more.

**Tres Bien** - 15 ml – silver mister - \$45.00

**New Scent for the Season – White Moon.** Inspired by the promise of the Moon to watch over the sacred waters of the Earth; sending the illuminated white light into the water for healing and harmony. **White Moon** is a hypnotic blend of White Lotus, Jasmine, Bergamot, Carnation, Frankincense and more.  
**White Moon** - Roll on - 15 ml - \$45.00

#### Parfum Balms - Aromatic jewels:

These endearing and luscious **Parfum Balms** are fun to wear and give. I have to say— these are still one of my favorites to wear and give away as gifts. Each one is infused with a crystal as well.

**Parfum Balms** are available in a number of luscious scents: **Jasmine** (exotic) **Rose** (romantic grace) **Ylang Ylang** (pure indulgence), **Lavender** ("serenity now") and **Hummingbird Priestess**, which is a blend of jasmine, honeysuckle and patchouli – (intriguing).

**Jasmine Parfum Balm** - \$18.00  
**Ylang Ylang Parfum Balm** - \$14.00  
**Lavender Parfum Balm** - \$14.00  
**Rose Parfum Balm** - \$18.00  
**Hummingbird Priestess Parfum Balm** - \$16.00

#### Aromatic Honey & Teas:

Luna Bella has Bee's —Just Bee! We now have bees on our land and they are making our plants happy. The Melissa was full of busy bees when I was gathering it for the Solstice. In honor of our bees we have available that all-time favorite honey elixir-- **Amaretto Orgasm**. It is absolutely delicious at this time of year. It's a "BEE Happy" honey with Bergamot, Amaretto, Damiana liqueur and more.

**Amaretto Orgasm Honey** - 2 oz - \$22.50

Jasmine and rose honey also available.

**Jasmine Honey** - 2 oz - \$22.50

**Rose Honey** - 2 oz - \$22.50

**Bee Happy Aromatic Tea** is a combination of Green Tea, Yerba Santa, Yerba Matte, Orange peel, Rose petals, and Cinnamon. Yummy!

**Bee Happy Aromatic Tea** - 4 oz - \$18.50

#### Environmental Mists:

**Sweet Dreams Linen Mists.** I love getting into bed with our sheets smelling of scents of the garden. It's a perfect way to go meet Her in the dreamtime. **Sweet Dreams Linen Mists** come in the following scents:

**Lavender/Geranium Linen Mist** - 4 oz - \$18.00  
**Bergamot/Lime & Rosewood Linen Mist** – 4 oz - \$18.00  
**Lemon/Lemon Verbena Linen Mist** – 4 oz - \$18.00  
**Cedarwood/Ylang Ylang/ Sweet Orange Linen Mist** – 4 oz - \$18.00

#### Carrier Oils:

I enjoy creating specialty carrier oils from the garden. It is such a wonderful process to watch the plants that surround you become medicines for the body, mind and spirit. Here are a few we have created this season:

**Rose Infused Carrier Oil** (perfect for a perfume or anointing oil base) – 1 oz – 35.00  
**Lavender Infused Carrier Oil** (healing and nurturing for the skin) – 1 oz - \$22.50  
**St. Joan's Wort Carrier Oil** (fabulous for wound healing and scarring of any kind) - 1 oz - \$15.00  
**Calendula Carrier Oil** (soothing, healing, nurturing) – 1 oz – \$12.00  
**Peppermint Carrier Oil** (pain relief – sore muscles) – 4 oz – \$24.00

#### Subtle Aromatherapy for the Season Chakra Anointing Oil and Tincture:

What brings me joy? It's all about getting quiet, and listening to the inner fire. What keeps me calm and quiet so I can hear and become one with my inner intuitive fire?

These two aromatic energies can assist you this season. The beauty, calm and quietness of the **Chamomile Tincture** and the sweet, subtle calling of the **Whispering Fire Anointing Blend** anointed on the chakra's can help you get in touch with the inner wisdom that is calling you. Are you ready?

**Chamomile Tincture & Whispering Fire Anointing Oil** - 1 oz tincture and 15ml anointing oil - \$70.00

#### Additional Anointing Oils for the Season of summer:

(These are bottled in blue roll-on bottles with crystals)

**Whispering Fire** (fire)- 15 ml - \$40.00

**Tantra Drumming** (air)- 15 ml - \$40.00

**Terra Bella** (earth)- 15 ml - \$40.00

**Sophia** (water)- 15 ml - \$40.00

**Hummingbird Priestess** (spirit) - 15 ml- \$40.00

## JOAN OF ART



THE  
GODDESS MYSTERY SCHOOL™  
Created by Joan Clark

### Joan of Art-- follow your heart and your joy will come forth!

I have been lucky in art and heart. Creating is my passion. I don't care what it is. Just put something in front of me and I want to make something from it.

Lately I have been creating **Crystal Heart Shields** for healing and empowering our sacred environments. They are beautiful to look at but also amazing to place over the heart when one is meditating, doing healing work or just doing daily meditation/prayer work.

Each **Heart Shield** begins with an intention, followed by crystals that will enhance that intention placed on the inside of the heart to illuminate and magnify it.

My clients love picking the hearts up and placing them over their heart chakra when they come for their energy work. I use mine for meditation and for raising the energy field of our home as well as when I am working with a client who needs an energetic "love boost".

### A Special Request... regarding Goddess Blessing Shawls

Many of my cherished clients/friends have been gracious enough to purchase or gift one of the **Goddess Blessing /Prayer Shawls** that I have designed.

I would like to put a book together of all of the blessings shawls that have gone out into the world with a photo of the women who have received them. So, my special request would be for you to send me a photo of you

### Goddess Retreats & Classes

Sharing information and facilitating aromatic/spiritual information fills my heart with great joy. I can't think of a better way to become one with others than to share this passion from the heart. I always walk away inspired or awakened on some level. Here's a look at my remaining schedule for Summer/Fall 2010:

July – **Present Moment Yoga™** at the Goddess Studio in Lawrence, Kansas. Every Wednesday at 7:00 p.m. RSVP required. \$12/session.

August 7th-8th, 9am-5pm – **Goddess Mystery School™ Gathering & Plant Distillation with Joan Clark and Debbie Freund**. This will be an intimate gathering hosted by Debbie Freund at her home in New Jersey. We will be working and exploring the **GMS™ Teach-**

They are fabulous for long distant healing as well. I place a photo of the person, situation, pet, or intention for the healing over the shield and it is quite powerful as well.

The **Crystal Heart Shields** come in small and large sizes and can be designed and ordered infused with your stated intention, or you can choose from **Heart Shields** that have already been made with sacred intention.

Price - \$250 on up - depending on size and crystal combinations.

**Goddess Altars** – I am creating **Goddess Altars** and will be offering a class for others to create altars as well. They are perfect to hold sacred intentions or for your seasonal aromatic products.

**Goddess Blessing Shawls** – Give one to your favorite Goddess. \$125.00 - 250.00 and up.

(or the friend or loved one to whom you have gifted a shawl ) in the **Goddess Shawl**, and any words one might have to share.

I would so appreciate that. Thank you in advance. This will just be for my use at this time. Should I consider using these for any other purpose in the future, I will seek specific permission at that time.

**ings**, as well as working with essential oils, light movement, meditation and distilling some Catnip and Holy Basil from the garden. Class size is limited. Cost: \$250.00, incl. light lunch each day, dinner on Sunday and class supplies. Pool time available as well. Address will be given privately to those who enroll.

September 18th-28th. **Italy-Malta**. I will be out of the country, traveling to the sacred sites of Italy and Malta, getting ready for the Hawaii trip, as well as setting up next year's Goddess adventure to Malta.

October 21st-25th. **7th Annual Moon Goddess Retreat – Big Island of Hawaii**. More details in the next section, and on the class page of my website. Come get your Aloha on! This is one you won't want to miss.



## The 7th Annual Moon Goddess Retreat (2010)– Big Island of Hawaii – October 21-25th – Guest Artist – Karen Drucker

Our next amazing **Moon Goddess Retreat and Gathering** will be held on the **Big Island of Hawaii**. This is the island that called us to her this year– so we go with open (swaying) arms to dance, sing, work with the plant medicine spirits and to honor the “voice” of the divine feminine that is rising, awakening and desiring for us to spend time listening.

We invite you to come create song, dance, ritual, art and beautiful aromatic essences as we explore the power, passion and JOY of the Aloha spirit.

Our special guest artist this year will be **singer, songwriter, musician and author – Karen Drucker**. Karen will be offering a workshop at the retreat as well as performing a concert for us.

The **Kalani Retreat Center** where we will be staying is an eco-friendly resort and is locat-

ed on the **Hilo** side of the Island. Rooms are shared facilities unless other arrangements have been made. The retreat cost of \$995.00 includes shared lodging, meals, supplies and retreat costs. This price does not include shuttle cost to and from the retreat center.

**Kalani Retreat Center** is situated on the water, but also is surrounded by 120 acres of organic land and rain forest. It is not a 5-star hotel, but a beautiful organic and conscious community whose intention is to empower the spirit of Aloha and the power of conscious groups coming together to do spiritual healing and joy-filled work to assist raising the vibrations of more Love, Joy, Abundance, Health & Oneness. You may visit [www.kalaniresort.com](http://www.kalaniresort.com) to get a feel for this intentional space.

## The Traveling Goddess- 2011 Schedule

The **Traveling Goddess Tours** I have been offering seem to be my passion and calling lately so I will be booking and offering more **sacred travel** in the upcoming months, years. Below you will find a list of travel adventures that I will be dreaming into Being. I hope you will hold this vision with me.

\* Spring Adventure – May – **Mother’s Day Gathering for the Divine Feminine**. This year while in England I was given a message about holding a **Mother’ Day Gathering** to honor the Divine Feminine. I am still searching for the specific place, but mark your calendar and plan on being with us. We need to raise the energy consciousness on what could be a more powerful day.

\* May – **The Magdalene Journey** to France, which would include the Gypsy Festival in St. Maries del a Mer and much more.

\* Summer Adventure – June – **Summer Solstice Sisters of Avalon Gathering**. Our spring 2010 trip to Stonehenge, Glastonbury, Avalon, Tintagel, Bath, etc. was such a magical experience, that we hope to schedule it again. Also planning on adding a side trip to Scotland. Ready for Summer Solstice 2011?

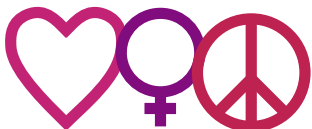
\* Fall Adventure – **8th Annual Moon Goddess Retreat** – Site to be determined.

## Powerful, Passionate Women for Peace

Each new and full moon we gather energetically– sending forth our prayers of love and peace into the universe. We invite you to connect with us by lighting a candle and calling forth the **PPW for Peace** circle of Goddesses. We are standing for more Love, Peace, Joy, Health, Abundance, Oneness. We are not silent – we are holding sacred space. Please don’t forget to connect.

**Powerful Passionate Women for Peace T-Shirts** - \$16.00 (on sale).

I am, we are, you are, a **Powerful, Passionate Woman for Peace**. Join us each new and full moon. Blessed Be!



Powerful Passionate **Women For Peace**





## The Pet Alchemist-- a specialty line of natural petcare products

We love creating pet products that support our pets in good times and in those moments that don't feel so good.

We encourage you to go "natural" and to think "prevention" from the moment you get your pet.

Our intention is to provide products that empower the immune system, and support the day-to-day health and wellness of your pet. This season we suggest you pamper and nurture your pet with a natural flea and tick spray, shampoo and conditioner and good smelling eau dog cologne that will keep your pet feel and smell good this season.

**Spikes Super Flea and Tick Spray** – 4 oz - \$14.95

**Spikes Super Flea and Tick Shampoo & Conditioner** – 4 oz - \$14.95 each.

**Spikes Eau Dog Cologne** (Contains **Spike Lavender, Eucalyptus, Lemon** and more) – 4 oz - \$14.95

Another Summer Must:

**Chamomile, Peppermint, and Lavender Hydrosols.** These are the most amazing relief blends for tummy upsets, fevers, aches and pains and anxiety. Just a few drops in the drinking water, and/or a cool healing bath in them help with those little inconvenient moments. Good for humans too!

**Peppermint Hydrosol** – 8 oz – \$24.00

**Lavender Hydrosol** – 8 oz – \$24.00

**Chamomile Hydrosol** – 8 oz – \$28.00



## Healing Energy Treatments with Joan

With all the shifts going on around and in us, the best way to keep grounded and feel some sense of harmony and balance is with a seasonal **Energy Treatment**.

***I don't believe for a moment that energy work is a luxury anymore; rather it is an absolute necessity to help keep us moving forward during these changing times.***

Energy sessions help us continue to move forward with more clarity, grace and bal-

ance as we traverse the day-to-day experiences that can easily move us in ways that do not support our heart's desires.

This season treat yourself to an **Energy Treatment** and receive a **15 ml Aromatic Tincture** to help support your body, mind, and spirit.

**Energy Treatments** – \$125.00 per session. **Gift Certificates** available.



## Goddess Gifts

Why not buy the women in your life **Gifts from the Goddess**? Be it a **Perfume, Body Oil, a Beautiful Pendant, Goddess Blessing Shawl, Moon Goddess Oracle Deck** or a **Powerful Passionate Women For Peace T-shirt**. All these products help support other women and charities that empower more love, peace, joy and oneness.

Oh My Goddess Gifts...

**Pendants from Glastonbury** - \$24.00

**Goddess Shawls** - \$150-250 on up.

**Goddess Decks** – \$16.00

**Goddess T-Shirts** –\$20.00

**Goddess Gift Certificates** - Any amount available

**Goddess Rattles** - \$20-up

**Goddess Art** – price specific

**H2OM Bottles** - \$16.50 (Peace, Love or Joy).

## The One World Flag-- an international symbol of diversity

Support the Oneness Consciousness-- Tolerance, Uniqueness, Diversity-- and order a **One World Flag, T-Shirt, Hat, Pin**, etc. It's a consciousness that needs to GROW and BE awakened.

Learn more at [www.oneworldflag.org](http://www.oneworldflag.org).

*"... because we have more in common as a world, than we have differences between nations.*





### Prayer Requests

You can leave a prayer request any time and know that we will send forth prayers on your behalf.

We believe in the power of prayer. We believe it is an activity of the heart; and when the heart and mind unite in oneness then wholeness of body, mind and soul is born again.

### Bits of Gratitude

I am grateful for my faithful and loyal clients, family and friends.  
 I am grateful for being able to do the work that my heart and soul adore.  
 I am grateful for the support of my loving partner and friend.  
 I am grateful for safe travels and for the teachings the plants offer me.

I am grateful that I have the opportunity to dream and have a consciousness where I believe that dreams come true.

I am grateful for the abundance, health, love, joy, and the Goddess in my life.

I am grateful that there is a higher being that knows that everything is in divine right order.

I am grateful for Love. Knowing it, feeling it, giving and receiving it.

I am grateful for my creativity.  
 I am grateful for my loving pets.

I am grateful for the earth, her seasons, her majestic beauty and her wisdom.  
 YOU, who read this – I am grateful for YOU.

What are you grateful for?



*Joan Clark's Palais Aromaetica*  
... believe in the Power, Magic and Beauty of your own heART.

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