



Spring 2008
Volume 3 Issue 2

The Aromatic Goddess

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THE MESSENGER

"Just as we want to take in only healthy food to fuel our bodies, we also want to feed our minds and emotions a steady diet of empowering thoughts; to cover our bodies with uplifting and self-healing messages in order to infuse them deeper into our being. and, thus, to send them out with increasing conviction farther into the world. These lovely t's are the Goddess Wear of the future." Visit the products page at www.joanclark.com

Welcome to the Aromatic Goddess.

Green Blessings & Happy Spring Equinox!

What is the message of Spring 2008? What is it that we can empower and embrace during this time of resurrection, rebirth and rejuvenation?

A few days ago some of us got together to celebrate our friend's Marilyn's birthday. As we sat there having fun, sharing stories and just being with one another this sense of authentic joy and happiness started to bubble up.

All of us were sharing our stories and, like magic, we were enveloped in helping one another feel more empowered and supportive of the changes that were taking place in each of our lives.

The power of sharing our selves—our authentic essence—our heart magic with others is such a natural process of being in the now.

Being fully present with one another is what allows our hearts to feel full. I believe that is why women love to gather and share their stories. It opens our hearts and we get to offer a bit of our own heart wisdom to those we love and cherish. We give and we receive and this flow of pure love energy is sweet nectar for the soul.

In the season of spring we celebrate the archetype of the maiden Goddess. It is she who gathers with her friends and dreams, laughs, dances, giggles, flirts with life and what she is going to make of it.

This is the season of awakening and rebirth. It is in the opening of the heart and getting back in touch with our genuine essence— the innocence, joy, the imagination, creativity and a pure zest and passion for living— that we will empower our dreams and reconnect us to that fantastic part of ourselves.

This season— I encourage you to use some plant spirit medicine to assist you in awakening and opening your heart joy. Allow your heart to be rebirthed so that inner joy can come bubbling forth.

Joan



Extreme Web Makeover: Joan Clark Edition (* action required on your part)

[if you are a regular client/friend to my work please read the following carefully, as it pertains to new ways to stay in touch and receive updates.]

I am extremely happy to announce the completion of a “first phase” of upgrades and facelifts to my product lines, web presence, and communications avenues... all intended to better serve your needs, while at the same time streamlining the time it takes us to manage things from this end.

What does this mean exactly??

It means all of the following are now available, and that **some action may be required on your part**, in order to be kept abreast of news, announcements, writings, etc. from this point forward:

Blogs/Column— I have begun to upload news/articles/insight/commentary to 2 blogs (web logs) and one monthly column:

* a **general Joan Clark blog** intended to provide occasional updates on the Goddess Aromatica, Class and Retreat Schedule, Joan of Art, Treatments/Consultations, the Pet Alchemist natural petcare line, new products, trips with our Same Time Next Year group and more. Here I shall also post articles on aromatherapy, natural perfumery, holistic healing, cosmic change and more, on a relaxed schedule. Please visit www.joanclark.com/blog.

* a **Powerful Passionate Women for Peace blog**—now the official (and only) place to receive our new and full moon newsletters. ****Note:** if you wish to continue to receive these postings you must bookmark this page and visit for the twice monthly moon letters. www.PowerfulPassionateWomen4Peace.com/blog.

* my **monthly column on BoomerGirl.com**, on Aromatherapy, Plant Spirit Medicine and Women’s Spirituality. www.boomergirl.com/staff/joan_clark.

You are encouraged to **bookmark** any or all of these. Additionally, it is possible (by way of RSS—“Really Simple Syndication”) to **set yourself up to be notified** of any updates to any of the above. Once you have set yourself up on a “news aggregator” such as Google Reader (or any of many of these, offered by probably most email programs, web providers, etc.), you have simply to click on the RSS icon on any of my pages, and you will be automatically notified as updates are uploaded.

Newsletters/Lists— In addition to seasonally updated Product Lines and quarterly issues of the Aromatic Goddess, we have finally upgraded to a **new list server** that will allow me to keep in better touch with news that might not want to wait until the next season. The old version was glitchy and has not been used for some time. **So**—if you wish to be added to either my **general Joan Clark news list** and/or the **Powerful Passionate Women for Peace list**... I am asking that you **take time right now**, to go to the following addresses and **sign yourself up** (subscribe).

If you have been on either of these lists already— I will have done my best to update as many of you as I can myself prior to your receiving this. If you have not received any email notification as of yet—you are not subscribed to either list and you must go ahead and subscribe yourself. The following web addresses are also what you will want to pass along to friends who wish to be brought into the loop.

For the Joan Clark general news list, please visit :
<http://lists.worldtrans.org/mailman/listinfo/joanclark>

To subscribe to the Powerful Passionate Women for Peace list, please visit:
<http://lists.worldtrans.org/mailman/listinfo/joanclarkmoon>

And those who've been interested in the One World Flag and wish to continue receiving that news, please visit: <http://lists.worldtrans.org/mailman/listinfo/oneworld>

Clicking into any of these pages will allow you to subscribe yourself to that specific list. You will also wish to remember (and bookmark) those addresses, because it is from there that you may also return to Edit your Profile , Change your Preferences, etc.

Website Upgrades— What I am perhaps happiest about with respect to these upgrades is that—both the www.JoanClark.com and www.PowerfulPassionateWomen4Peace.com websites have been upgraded with more user-friendly navigational aids... that allow one to jump in and out, back and forth, from Websites to Blogs, to downloadable Newsletters/Product Lines/Flyers/Pdf's, and back again. More new features are on their way, and this maneuverability and convenience is intended to pave the way for what is coming soon.

Networking/Linking/Reciprocal Linking— What I hope for, in getting out this work that I so love; that I feel can contribute to more and more of us achieving our dreams; and that is so much (and inseparably) a part of me; is—that you will continue to spread news of this work to friends who might resonate with and benefit from it.

With that being the goal I ask you to consider the following:

* **forward links to the above-listed websites, blogs and news lists** to others

* **forward any pdf's** of this *Aromatic Goddess* newsletter, seasonal product lines and other informational flyers

* **link to these websites and blogs** from your websites and blogs (and always feel invited to auto-enter links to your websites from the automated links sections of both my website (www.joanclark.com) and that of the One World Flag (www.oneworldflag.org), in the category of your choice; and ask me to add your blogs to my “blogrolls” and it shall be reciprocated)

* add and/or **forward any of my blog articles** that have moved you, and that you feel will provide value to others (please include attribution and link back to blog). For any of you who use recommendation sites such as Digg.com and the like, please consider “Digg-ing me”!

Our ability to get our passion and that which we are being called to share with others out into the world— in a more abundant and powerful way— is important. When we find people, services, activities that help us become more of who we want to BE— it is a true gift. Together we can support one another's work by networking and sharing each other's talents and gifts.

So I invite you to join me as I take this step forward to be a more powerful presence in the universe ... hand in hand with you.

Powerful Passionate Women for Peace



Powerful Passionate Women For Peace

We have a **new blog page** just for our monthly gatherings and I invite you to find your way there each new and full moon to join us in spirit and share with us your visions for peace, as well as connect with other like minded women.

moon peace gatherings in their own communities. I hope all of you will share with us what your community is doing.

We have t-shirts and ceremonial blends to help inspire your gatherings:

This year our goal is to have women all over the country holding their own new and full

T-Shirts— \$16.00. 15 ml blend— \$22.00 (Spirit Sisters). Both— \$32.00.

The Pet*Alchemist— a specialty line of natural petcare products

What's new for caring and nurturing your pets this spring? Happy Dog – Lemon Scented Shampoo, Conditioner, and Eau Dog Cologne Mist to help with all things green, spring and flea-ing.

grooming and environmental products this season. The entire **Happy Pet Spring Kit** includes— *Lemon Scented Pet Shampoo, Environmental Mist* and our *Eau Dog Cologne Blend*. All 3 4oz blends— \$55.00

So why not pamper and nurture your pets with some of our lemon scented **Happy Pet**





Divine Alchemy from the Goddess

The Goddess Aromaetica

This is the season of faery's magic and maiden lore, of heart openings, rebirth and imaginations that soar. The devas are awakening and these beloved kindred spirits have whispered they would like to play and frolic with the plant spirit essences that are lemon-scented (since lemon drops are one of their favorite candies to feast upon).

We have **Lemon** from Italy, **Lemongrass** from Sri Lanka, **Lemon Tea Tree** from Australia, **Lemon Verbena** and **Verveine** from France and exotic oils of **Magnolia**, and **Mimosa** to indulge ourselves with this season.

The goddess pampering products that will create some aromatic joy are: our **New Lemon Chiffon Body Polish**, and our **Lemongrass Body Scrub**. 4 oz– \$16.00.

Our **Body Wash/Body Oil/Shampoo/Conditioner** come in two of our most popular spring scents– **Spring Moon** (geranium, lime, lemon verbena, lavender and more) and **Dolphin Moonlight** (vervaine, lemongrass, blue chamomile, ylang ylang and more) for the perfect spring spa treatment. 4oz– \$14.00, 8oz– \$28.00.

The **Fitness/Massage Oil– Be Moved–** is exhilarating, detoxifying, energizing, playful and fun –(lemongrass, vervaine, wintegreen, lemon and more). 4oz– \$22.50.

For your Goddess Sanctuaries (be they home, office, car, or motel room) we have our **Organic Cleaning Products, Linen Mists** and **Bathroom Courtesy Blends** created with our **Verbena Sunshine blend** to keep your environments feeling clean and sanitized.

Cleaning Soul-ution: 8oz– \$22.50.

Environment Mist: 4oz– \$16.00.

Linen Mist: 4 oz– \$16.00.

Courtesy Mist: 4oz– \$16.00.

Our **Golden Moonlight Par-Fleur** (lemon verbena, cedarwood atlas, mimosa, ylang ylang and more) is a wonderful way to keep your essence feeling flirty and girly. Watch out for the faery's! They love this blend. They will hide in your hair just to get a whiff of it... so check the mirror to make sure they are not any hanging around or snuggling in for a spring nap!

For your spiritual work this season and in working with opening the heart chakra more and more, I recommend the following **Essential Oils, Tinctures, Hydrosols and Anointing Blends**. Allow your intuition to guide you to the one that is awaiting you.

The essences of: **Melissa, White Rose, Lilac, Magnolia, Mimosa & Rose Geranium** are all powerful creative energies to assist your walk within Goddess Alchemy this season.

Tinctures:

Lemon Balm (Melissa): 1oz– \$30.00.

Rose: 1 oz– \$50.00.

Lilac: 1 oz– \$35.00.

****all of the above are mother tinctures and have not been cut with distilled water. They are full strength.**

Hydrosols:

Melissa: 4oz– 18.00, 8oz– \$36.00.

White Rose: 4oz– \$19.00, 8oz– \$38.00.

Rose Geranium: 4oz–\$16.00, 8oz– \$32.00.

Essential Oils:

Melissa: 2ml– \$70.00.

White Rose: 2ml– \$98.00.

Magnolia: 5ml– \$55.00.

Rose Geranium: 15ml– \$22.00.

Or choose our **New Spring Anointing Oil Blend** that incorporates them all:

Prima Fleur (white rose, geranium, magnolia, melissa, lilac, lemon verbena and more): 15ml– \$40.00.

Favorite Spring Anointing Blends:

Maiden of Light: 15ml– \$40.00.

Lady Trillium: 15ml– \$40.00.

Chakra Blend:

Kundalini Rising: 15ml– \$40.00.

Spring Blessings Tea (black berry sage, jasmine, green tea, lemon and more): 8oz- - \$18.50.

Spring Blessings Honey: 2oz– \$12.50.

Ohhh!! There is so much more to share; and the faery guardians invite you to view the complete line of products at our web-store. For a more in-depth look at the spring aromaetica– www.joanclark.com.



Annual Moon Goddess Retreat

Our annual Moon Goddess Retreat is scheduled for this October. We are in the process of selecting the location and confirming the exact dates. [We have some Goddess weddings that we are trying to work around so that everyone that wants to be present can be.] More information forthcoming!!

Retreat Cost (3 nights-- shared rooming, food, retreat costs): \$750 (deposit rec'd. before July 1st), \$775 (dep. rec'd. by Sept. 1st), \$800 (dep.rec'd. after Sept 1st).

This year's space is limited. Book soon!

\$300.00 non-refundable deposit required when reserving your space.

Consultations, Intuitive Healing Treatments... and such

I have many clients ask me how many aromatic energy attunements will they need to have each season to stay in balance and harmony with the seasonal/spiritual energies.

specific more sessions may be recommended.

My first answer would be is to listen to your inner voice and trust that. When you feel you need some assistance, make an appointment. If you are listening to your inner voice, you will know.

My personal vision is-- that as more people become aware of the significant role that the energy field plays in the health and wellness of the body/mind and spirit. That energy therapy and energy attunements will be seen as a sacred medicine for the care of the soul and the spirit and will become part of a healthy life style program.

My next answer would be -- for any one who is mindfully working with the seasonal/spiritual energies of the season - at least one aromatic energy attunement per season and one plant spirit blend to complement the session would be beneficial to keep in alignment with the inner and outer alchemy, --shifts and changes that are occurring.

I believe we will collectively witness the importance of energy medicine as a powerful healing tool and a necessary one for the empowerment of our spirit/body health in the 21st century.

Energy attunements - \$125.00 with plant spirit medicine \$155.00

If however, you are working on something

Same Time Next Year-- South of France, Spring 2008

Our trip to the South of France is going to be a small private gathering. It is scheduled for the 2nd & 3rd weeks of September. If any one is interested in joining David and myself, please contact me. We realize that because of the economy many people are waiting until the euro/dollar rate is more advantageous, and we understand that. However, if you have a desire to get away with others of like mind and heart-- for a walk with the Goddess-- we are always looking for more soulful travelers to join our merry band.

Joan of Art-- To Create Art is to Experience the Imagination of the Soul

I I have had some great time crafting and creating art lately... and am working with some new mediums and loving them. I have several projects I am working on and one that *I am seeking some assistance* with. I would like to do a montage called **Women of the Moon**, and would love for anyone out there who has received a **Goddess Shawl** to take a picture of themselves in the shawl and send it to me. I would like to have a montage of all the beautiful Goddesses in their Goddess shawls so that I can create this piece of art for our sacred gatherings.

Then when we are together -- I have some more ideas to share with you as well!

Please visit my art gallery-- new paintings, will be going up shortly. And if you have any special requests -- let me know. Art is sanctuary for the soul.



SAME TIME NEXT YEAR!
gathering together to enjoy sacred journeys--
a group of soulful travelers--
near and far.





The Goddess Give-Away

This winter I have been guided to create a couple of **Blessings Shawls** that are to be given away to women I do not personally know, but who some of you reading this newsletter may.

I have two blessings shawls that are to go to women who need to know that they are loved, cared for and supported by the Goddess. All women need a blanket of blessings to wrap around them so they can know that

they are loved, and that the Goddess is always with them.

If any woman reading this knows a Goddess that may need a little Goddess love— please send me her name and full address and I will send one of these shawls to her. If I receive more names than I have shawls for, I will place the names on the altar and allow the Goddess to guide me on where to send them.



Spring Altars

What I love about spring is creating **Spring Altars** and getting the environment ready to receive the altars. Using aromatic mists, essential oil cleaning products and cleansing herbs is the perfect way to create the space for your spring altars.

What will you place on your spring altar?

A crystal bowl— filled with beautiful rose geranium floral water?

A green crystal— aventurin— to attract green blessings— for growth, new patterns and ways of being?

A green candle for gratitude for all things green and growing?

Glitter for the new born faeries that are being born so they can fulfill their destiny and guide us on ours as well?

Crystal Wand— with green ribbons for direct and guiding energy with clarity and focus and pure intention?

Spring flowers— for the Goddess to honor her and to celebrate the divine feminine archetype of the Maiden Goddess?

Your wishes, dreams and desires.

Remember— it is important to grow your altar during the season. Watch the power grow and grow and grow.



THE MESSENGER

The "B the Messenger" line of empowering Goddess clothing

One's power in the world begins with one's acceptance of oneself.

The "B the Messenger" clothing line is intended to serve as one more aspect of a conscious lifestyle— creating life through choice, not chance.

"Just as we want to take in only healthy food to fuel our bodies, we also want to feed our minds and emotions a steady diet of empow-

ering thoughts; to cover our bodies with uplifting and self-healing messages in order to infuse them deeper into our being and, thus, to send them out with increasing conviction farther into the world."

With slogans such as "I Am What a Goddess Looks Like"— imagine the effect in the world of every woman seeing herself as I do— as one unique aspect of the divine feminine!

What to get for that special someone?— how about a Gift Certificate!

As we love to support the creations of others, so do we hope you will be enthused about our products, creations and services.

You may order gift certificates in any amount and have them sent to you, or directly to the

intended recipient.

Gift certificates are good on anything featured in this flyer or on our websites.

Give the gift of empowerment!



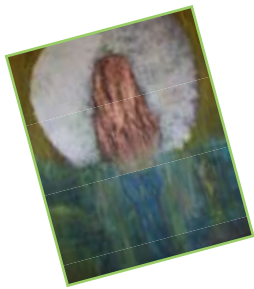


Please visit my website for prices or more detailed information on any products, or e-mail me if you have any questions.

The **Goddess Aromaetica** offers lifestyle options that inspire one to live their best life--
in tune and in harmony with nature, its seasons and its ceremonies.

We promise to offer the best in plant spirit alchemy, classes, workshops, readings/consultations and inspirational musings.

Welcome to the Goddess...She is Alive!



The Goddess Workshops @ Gatherings
What's coming up?

One Wednesday per Month
Goddess Wednesdays
Lawrence, KS

April, 2008
Present Moment Yoga Class
Kansas

** October, 2008
Annual Moon Goddess Retreat
Location/Dates Soon to be Announced



Joan Clark's Palais Aromaetica
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