



Fall 2008
Volume 3 Issue 4

The Aromatic Goddess

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THE MESSENGER

"Just as we want to take in only healthy food to fuel our bodies, we also want to feed our minds and emotions a steady diet of empowering thoughts; to cover our bodies with uplifting and self-healing messages in order to infuse them deeper into our being. and, thus, to send them out with increasing conviction farther into the world. These lovely t's are the Goddess Wear of the future." Visit the products page at www.joanclark.com

Welcome to the Aromatic Goddess.

Fall is such a beautiful time of the year. Nature seems to speak a new language to us during this season— one that we sense and feel with the heart-mind-, one that encourages us to take moments to offer blessings of gratitude for all that has been, all that is and all that is yet to be.

It is harvest time and GRATITUDE fills the air. Nature is our in-spirit-ational muse for she is reflecting to us the magnificent power of an actualized authentic presence.

Nature has become her potential and is now gracing and sharing that with us. She has weathered the seasonal cycles and challenges and become one with her potential-- the beauty within. It is her moment to shine. And what a reflection she offers.

When we look at what is happening in the world around us we may not feel like humanity is in alignment with Goddess Nature. It may seem like what is happening in the world is directly opposite, and I say-- change your focus.

Be grateful for what is going on in the world. We have created it. We have asked for change, we have asked for more love, peace, joy, and oneness and the only way we can receive this grace is by allowing the old structures and old ways of living to pass away.

Give it no attention and it will not affect you. Send only love and love will be the change. It is my belief that each day we have a fabulous opportunity to place our intention on what we are grateful for and enjoy each moment to its fullest. We must see the potential in each moment and focus on harvesting that.

With present moment awareness and mindfulness we can trust that the outer world is just shifting and coming into alignment with the vision we have been holding.

It has to erase, break down, and let go of the old structures so new ones can be created. Shifts happen and these are the shifts we have been waiting for.

In these changing times nature is here to support us-- with her grace and beauty as well as her plant spirit offerings.

Allow her to nurture your body, mind and soul and take time for your spiritual practice. Anoint your body with essential oils, take plant spirit tinctures daily to assist your emotional and spiritual bodies and allow the scents of the garden to permeate your sacred temples.

Use the energies of the trees to help you feel solid, strong, and supported during the changes that are going on this season (cedarwood, fir balsam, frankincense, cypress, juniper).

Uplift your spirit with the fragrances of bergamot, grapefruit, neroli, clary sage, lavender and eucalyptus staigeriana.

Care for your spiritual anatomy with plant spirit tinctures of rose, sage, rosemary, juniper, holy basil and awaken your energy system with anointing oils created especially for empowering your aura and chakra system.

There is a saying in the Course of Miracles that I love, and it empowers me daily. "None of these things move me".

This affirmation allows me to breathe deeply with confidence and gratitude for everything that is. In the gratitude I become connected to the truth of what I am creating, we are creating— and it is all good. We are becoming more and more the actualized human Beings we desire to be and the group soul of humanity is awakening to its authentic essence and potential.

Nature is here to help to guide and helps us on your spiritual journey. Allow her to guide you and sustain you in these changing, exciting and evolving times.

May “thank you” be your prayer in the season of the Harvest. Happy Thanksgiving!

Joan

Powerful, Passionate Women for Peace



Powerful Passionate Women For Peace

It's been a while since I wrote on the PPW4P blog because so much inside of me has been changing and I had to step back for a while. I wondered— does anyone read this? Is it important to continue this? But on election day I realized— YES— it was! It is important that we gather together each new and full moon to send our prayers and blessings into the universe. Our gatherings into holding the vision

for more peace, love, joy, health, oneness do matter.

So, please continue to visit the Powerful, Passionate Women for Peace Blog and leave your comments. They are appreciated.

www.powerfulpassionatewomen4peace.com. PPW4P T-shirts available!

The 5th Annual Moon Goddess Retreat (2008)— a look back

How can you put into words the experience we shared this year at Angel Valley in Sedona? We had a beautiful group of 22 Goddesses that created ritual, art, ceremony and shared their sacred stories. We also had a new baby Goddess born during this year's retreat – Goddess Angelina Joan. Welcome to the sisterhood!!

Our work with the Goddess Mystery School Teachings— that were given to us this year—gave us a deeper commitment to our work on the path of love's

consciousness and made it clear where we must gather and meet in 2009. Thus I am announcing that next year's Moon Goddess Retreat will be held in the South of France – and all I can say – is “YES YOU CAN”!

Dream, Breathe and Create this with me – for our 2009 Gathering.

Coming soon – pictures of this year's Goddess Retreat on the website.

The 6th Annual Moon Goddess Retreat (2009)— a look forward... to France!!

After this year's retreat and the Mystery School Teachings of the Goddess – **I find it imperative that we walk the path of the Goddess next year in the South of France.**

Some of you may immediately think – I won't be able to do that. But I say dream bigger and “Yes You Can!” Is this not the new American mantra?!!

I suggest you begin working with opening up and allowing the universe and the people in your life to start helping you manifest this experience for yourself. There are birthdays, holidays, and “good girl” days that you can ask for gift certificates from the Palais Aromaetica to begin to pay for your trip. There are trades you can do for air miles and points, and a million other things you can begin creating to raise the Goddess dream alive in you.

I am still working on the dates, itinerary and how the costs for the retreat and the cost for the trip will work out. It will be 7 -8 days with anyone wanting to stay longer available to do that as well.

I believe in my heart that this is where we as a circle

must go – to do service through prayers and rituals for the awakening of the divine feminine.

In fact - the other day - I was talking to my dear friend Goddess Sharyn and I told her that I had made a beautiful jar with the word France on it and have started putting money into it. I told her – *remember lay-away?* When you put things on lay-away you knew you had so much time to create the money to be able to get the things you wanted.

I said, that is what I am doing with the France trip – I am using this jar as a lay-away plan. We chuckled. So, please join me. It's amazing how all that change can add up.

The trip will be in the fall of next year. This is when I traveled this year and I found it much less busy and less expensive in regards to room rates. Etc. The lavender plants will not be out but we will be the flowers of France as we walk the path of the Goddess.

It makes me happy even to think about it. I believe if you are called to be there – you will and if you can not make it – the sisterhood will be holding you.





A Special Story from France, Mary Magdalene and the "Receiving" of a Blend

This fall I returned from the South of France where I visited temples and sacred sites dedicated to the Goddess.

We walked sacred labyrinths, created rituals and ceremonies and were anointed in holy waters.

I had so many powerful dreams, visions and experiences while I was there and would like to share them all with you – however—that would take more room than I have here. But I do want to share one profound experience with you.

I was in a temple in Arles France that had been dedicated to the Goddess Mary Magdalene, and as I was walking around I could feel a presence next to me. I then started to smell this amazing fragrance and thought *what is this fragrance trying to tell me?* I felt like it was trying to activate something inside of me— a remembering of some sort—so I became still and just allowed myself to feel and be very present.

As I did this centering of my spirit I felt the presence again next to me and I knew it was Mary Magdalene; and now I heard a voice penetrate within me – *“take your shoes off and feel the earth that I walked upon”*.

A few of the other people that were with me in this temple had moved into a smaller sanctuary and I moved into it with them. Before me was a statue of Mary Magdalene and I shared with them what I had heard.

We all took off our shoes and connected to the earth: all of us— deeply moved by a force greater than ourselves— began to experience different things, but all were feeling the presence of Mary Magdalene in their own way.

As I connected to the scent – I knew I was being downloaded with new energies, and then I felt a lifting of my body— moving outward and going to meet her. I was ascending and then I saw this amazing temple where there was this old book lying on a table. Her presence was in the room and I heard her say – *“my words – my teachings – will be revealed in this century. You can come here and align with the wisdom of love anytime you desire. I have created this sanctuary – this star in the universe for anyone that is seeking the path and the consciousness of love.*

I became the living word and you can too. I have named this star the “Ascension Star” and you can ascend here any time you desire.”

The fragrance was so haunting and beautiful, and I did not want to leave but found myself slowly descending back into my body.

Tears of joy were flowing down my face as I came back into my physical body, and upon gathering my senses I learned from the others the experiences they had received with Mary Magdalene. We all had

been given what we needed from her and what our souls were seeking at the time.

To honor her we did a ceremony of gratitude with a blend that I had created for the trip. We anointed our chakras to align with the Ascension Star energy. We each left a crystal in the sanctuary that had been washed in the sacred well waters at the grotto in St. Baume to thank her for her presence with us.

The importance of this to me and in sharing this with each of you who may read this is— to remind you *how close we are to heaven*. How the angels and sacred ones walk with us and are near us always. I want to remind you to take time to be present and active in your intuitive listening. Get in touch with your feelings and sense memory and act on the messages you receive.

If we slow down we will receive information that will help us on our spiritual quest toward a deeper connection to the sacred within and without.

My guides know that scent is a touchstone for me. When I smell something – I will always ask – what is this scent trying to tell me, show me, or guide me to?

It is not by chance that she chose fragrance to get my attention. Scent marks time, it empowers memories, and allows remembering to take place. I could receive her through the fragrance.

Every day on the trip after smelling this incredible scent I asked for the formula and each temple we went into there was a plant, flower or herb growing near by.

I realized she was guiding me in creating the blend I had been given so I could receive her.

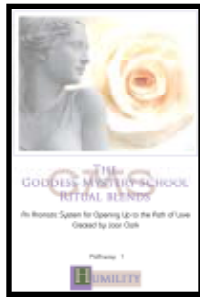
I now sit with all these essences before me to create the “Ascension Star” fragrance— that will be dedicated to her and created with the intention of receiving messages from the sacred ones that are always around us. Ascension Star will embody the spirit of connecting to the wisdom and power of the book of love and the teachings of love consciousness.

The guardian of the blend, of course, is the Goddess of fragrance herself— Mary Magdalene. She has a message for you as well.

Her wisdom is alive and is in you, and is part of you and who you are.

Those interested in the “Ascension Star” blend can order it by contacting me. It contains: essential oils of - frankincense, gardenia, magnolia flower, myrrh, white rose, spikenard and more.

15 ml - \$45.00



New!!- Goddess Mystery School Ritual Blends

Those desiring to work with the Goddess Mystery School Blends can order them as a single set for \$70.00 or order the complete set for \$450.00

Each individual set is a combination of an aromatic tincture and anointing blend.

Want to know more about the Goddess Mystery School Blends & Teachings? Look for a class in your area – in 2009.

This is the newest, most profound information coming through, and is the direction in which this work is moving. Exciting times!



Joan of Art- give the gift of he"ART"

Many of you have asked me about ordering a special **Spirit Painting** for your home. Please e-mail me privately. I will be delighted to paint one for your sacred sanctuary.

Goddess Blessings Shawls – If you are looking for a beautiful gift to give one of your favorite Goddesses – I have a selection of beautiful shawls available or you can commission one as well. Price range from \$225.00 on up.

Goddess Rattles. \$35.00. Handmade and filled with crystals and seashells. Why do we rattle? We rattle for peace, joy, abundance, health, prosperity, oneness. We rattle for LOVE!

Goddess Oracle Decks –\$16.00. *Worldly Wisdom from Everyday Goddesses... like yourself.* I don't think the power of what is behind this project has yet been realized.

"B the Messenger" Goddess T- Shirts – "I Am What a Goddess Looks Like." And so are you! **Within these beautiful shirts and within the Oracle Decks the message is clear-- the power is in each one of us.** \$20.00.

New paintings will be going up on the website as soon as we get some time.



New!!- Exotic Par-fleur Balms

These are delicious creamy perfume balms with which to anoint your body temple.

Send them as gifts to Goddesses you love, use them as Goddess giveaway's or just stuff

them in those holiday stockings for those you love.

Available in jasmine, rose, and gardenia. \$12.50



The Pet Alchemist- a specialty line of natural petcare products

The **Pet Alchemist** is dedicated to caring for your pet in the most natural and healthy way possible and that is why we have created aromatic cleaning products to help keep your environment pet friendly and smelling great.

*Our featured product this season is our **Pet Alchemist Lemon Twist Environmental Mist.** It*

is a beautiful blend of organic lemon, eucalyptus, lemongrass, lavender hydrosol and more.

Use it daily to uplift your environment, clean up after your pet boo'boo's and to keep your pet's bedding, toys and your sacred space cleansed and purified. 4 oz blend- \$14.95. 8 oz- \$29.00.



Goddess Aromaetica Gift Certificates

This is the perfect gift to give or ask for. You can put them towards your favorite aromatic products, classes, workshops, retreats or healing treatments!



Please visit my website for prices or more detailed information on any products, or e-mail me if you have any questions.

The **Goddess Aromaetica** offers lifestyle options that inspire one to live their best life--
in tune and in harmony with nature, its seasons and its ceremonies.

We promise to offer the best in plant spirit alchemy, classes, workshops, readings/consultations and inspirational musings.

Welcome to the Goddess...She is Alive!

*Upcoming Classes/Workshops/
Retreats/Goddess Gatherings*

November 2008

November 25th - Mesa, AZ – Infinite Healing Center

Joan will be offering Energy Treatments- to schedule appointments call -480-985-7070

November 25th – Mesa, AZ – Infinite Healing Center - Women’s Prayer and Gratitude Circle – 6:30 p.m. – RSVP required– Goddess donation

Winter Solstice Gathering - Lawrence Kansas

December 20th – 6:30 p.m. – RSVP – 785-550-9563

2009 Schedule Coming Soon



Joan Clark's Palais Aromaetica

... believe in the Power, Magic and Beauty of your own he"ART".

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