



Fall 2007  
Volume 2 Issue 4

# The Aromatic Goddess

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## Welcome to the *Aromatic Goddess*.

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I love the season of fall when the temperature shifts and the trees begin to change colors. It is pure Goddess alchemy for the soul.

This is a time of Mirrors– reflections of all that has taken place during the year, showing us how everything has had a purpose, a time and a natural rhythm all of it's own to shine and come forth.

Here at the Goddess Aromaetica it is a time when I do a special ceremony to honor Mother Earth for all of her green this year. I invite you to join me in a simple prayer of gratitude.

I give thanks to the Goddess for her fertile and abundant womb into which she allowed me to plant my seeds, prayers and dreams.

I give thanks for her willingness to nurture and grow them so that I could create plant spirit medicine from the seeds I planted as well as the prayers that were answered, and the dreams that unfolded and took form.

I give thanks for her willingness to be my master teacher in growing my spirit as well as all things green, and for allowing me to be her humble apprentice. In gratitude I prepare a sacred bundle for her and lay it upon her in gratitude for what she so freely gave and what I so willingly received. Blessed Be.

What did you plant and grow this year with the Goddess?

What plant spirit medicines were you blessed with that shared their sacred blood and alchemy with you? I encourage you to take time to honor your year's journey with the Mother Goddess in your own special way too.

I hope as you prepare for your own seasonal celebrations that you will give thanks for the green blessings that called you to them, and that you will do a prayer walk on the Earth Mother in honor of what has been given and received.

In this most beautiful and holy of seasons– where we count our blessings for all that has been given, all that is green that has blessed us– I wish you a beautiful fall bounty. So Be It.

Joan



## THE MESSENGER

"Just as we want to take in only healthy food to fuel our bodies, we also want to feed our minds and emotions a steady diet of empowering thoughts; to cover our bodies with uplifting and self-healing messages in order to infuse them deeper into our being. and, thus, to send them out with increasing conviction farther into the world. These lovely t's are the Goddess Wear of the future." Visit the products page at [www.joanclark.com](http://www.joanclark.com)



Powerful Passionate Women For Peace

## Powerful Passionate Women for Peace

It is hard to believe that it has been almost three years that we have been gathering each new and full moon together to pray and hold the vision for more Peace. Way to go Women!! I know our prayers are working and why I know this is because I have changed and I am living with more peace in my life. How about you? Are you feeling the power of gathering in prayer each moon cycle?

In the season of gratitude and thanksgiving, I want to thank you, each and every one of you **Powerful, Passionate Women for Peace** for being a part of this sacred vision. I feel honored and blessed to be able to gather with you each month to hold this vision.

My new vision, that I hope you will share with me, is to spread the word to more and

## The Goddess Aromaetica

It has been a great time creating with the Goddess and preparing aromatic treasures for the season of fall.

In my opinion, there is nothing greater than allowing the blessings of the earth to take form and become soul alchemy and medicine for the body, mind, soul and spirit. To allow all these beautiful gifts of nature to become sacred messengers of love, light, peace and wholeness. Well, what could be more fun and nurturing?

This season I have been called by several different **essential oils** and blends to work with and I would invite you to spend time with them too. I have listed some of them below but of course, I encourage you to go to the website under the fall line, review it in its entirety and allow it to speak to your heart. Let your soul, body, spirit needs call forth to you.

Here are some of my choices

**Angelica root.** I believe all women should know this plant spirit energy intimately. The spirit and essence of this plant will assist all of us in our woman rites of passage from one archetype to another.

Angelica root is the one oil that calls me when I am working with women who are transitioning from one archetype to the other. It is extremely beneficial for the maiden moving

more women and for us to all gather together in person to do this magic in oneness.

So, just for a moment... take a breath, and hold this vision with me: Someday in the near future all of us will gather in person and have a **Powerful, Passionate Women for Peace rally**. I believe that would be an amazing event to imagine, dream and give birth to. Don't you! Keep it close to your heart and lets see what we can create.

Please, invite others to join us! The more in like consciousness the faster the manifestation. PS... don't you love our new logo! Thank you David!



Divine Alchemy from the Goddess

into the maturity of mother energy. It mentors her along.

Angelica helps to open up a place inside of us to accept the change and the transitions that are taking place on all levels – mental, physical, emotional and spiritual. It is also great in a blend for cramps and menstrual cycles that create change. Get to know this plant and allow her to share with you her plant spirit alchemy. You will fall in love with her wisdom, magic and lore if you allow her time to work with you.

If you are in a transition of any kind, she can take you to the root of it and help you sort things out. She grounds our spiritual roots, and holds and centers us during times of change. Breathe deeply and let her in.

**Fir Balsam**– I love, did I say *love*, working with this oil in this season. It's one of my love oils. It brings my entire body, mind and spirit, pure joy. You breathe it in and you feel those giant trees surrounding you and you can't help but feel renewed, refreshed, and empowered.

I sprinkle it everywhere around my house and I love using it during my morning meditations as I empower my breath to become one with the earth and her wisdom. It's also wonderful to use to work with the tree deva's.



Fir balsam is perfect for cleansing our aura with and for allowing us to breathe deeper and feel safe in doing so. Fir Balsam helps us to breathe with spirit and to begin trusting our spiritual breath. It will help take you to a deep place of wisdom inside of your body temple. I invite you to work with it and see what it tells you.

### Juniper

It's the oil of the season for detoxifying and getting your body in great shape. I love this oil for emotional detoxification. It washes away emotional debris. I remember sitting under a Juniper tree up at a cabin in Big Bear, California. As I sat by the beach one day under this tree, I could feel it was doing something and I asked the tree what it was doing for me and she said, I am washing away all that old emotional baggage you are carrying around so you can attract that which you desire.

Since that time I use it as my emotional baggage release cleanser. It works and I love it on my body as a body temple wash with a few other oils. By the way, the next weekend after the Juniper plant cleansed my aura – I met my fabulous husband, David. We know it is true– when the student is ready the teacher appears. I hold a fondness in my heart for juniper and I am grateful for this plant spirit's alchemy.

### The Goddess plant spirit tinctures I recommend to work with this season:

**Lemongrass** if you want to detoxify your body temple from all the emotional chaos that has lodged itself in your lymphatic system; **Rosemary** if you are looking to pump up your metabolism and connect with your spiritual re-membling; **Astrgulus**– for building your immune system; and **Nettles** for feeding your cellular system more nutrients and minerals.



### Classes, Workshops, Annual Moon Goddess Retreat-- a complete schedule for the empowerment of women (also see back page for addl offerings)

**Moon Goddess Retreat**, Santa Fe, NM, Oct. 19th – 22nd, 2007

It is almost here!! It's that time of the year and I find myself getting so excited and full of joy. There is little better than being with a group of loving, supportive, creative, beautiful, empowered women and sharing

### New Goddess Anointing/Body Blends & Parfleurs:

**Creatrix**– Anointing/Body/Bath Blend– created to honor the Earth Goddess, the divine feminine and the sacredness of woman. Essential oils of angelica root, anise, magnolia flowers, and more.

**Moon Dancer**– our new fitness blend. It's earthy, alive and full of energy. Essential oils of cedarwood, fir balsam, juniper, grapefruit and more.

### Highlights:

#### The Rose Alchemy Set –

For the past two years the rose has called me to work with it and to create with it as it guided me. I have had the honor and pleasure of her teaching me about the divine alchemy of her beautiful essence, energy and the information that she can impart in us... as we allow her to move throughout us and empower our spiritual dna (divine natural alchemy).

This year I was called to create a 3-part **Rose Alchemy Tincture Set**. It consists of a Rose Tincture– **Divine Masculine**. My husband, David, collected the roses for this tincture and gave his full attention and energy as well as his prayers and spirit songs to her as he picked her. I worked with creating the **Divine Feminine** tincture, collecting her, listening to her, allowing visions, spirit songs and prayers to come forth. Together we created the **Divine Marriage** tincture and placed roses both of us collected to allow the union and oneness that the rose wanted this tincture to carry.

This set is for any one who is called to work with the plant spirit alchemy of the Rose. It is a subtle journey and one that will allow the rose to help heal, nurture and awaken the divine spiritual alchemy within to arise and take form.

Limited edition! \$150.00 for all three bottles.

your stories, passions, creativity and sacred spirituality? I invite anyone who is still yearning to join us to contact me SOON. We still have a few openings.

We would love you to join us. For more details, e-mail me and I will send you information.



## The Pet\*Alchemist-- a specialty line of natural petcare products

Our pets are important, and keeping them happy and healthy is important to our heart chemistry. So after talking with our staff (Spirit, Sabrina, Solstice & Samsun) we suggest the following products for the season of fall for keeping your beloved partners healthy and happy the natural way.

**Juniper Joints Topical**-- this blend inspires the immune system, circulatory system and respiratory systems to stay healthy and balanced as well as helps with muscle aches and pains. On an emotional level it helps create a strong auric field.

**Environmental Pet Mist**-- Our pets love this misted on their beds and stuffed "babies". It keeps the air cleansed and purr-ified and also helps their respiratory system keeping it strong and healthy.

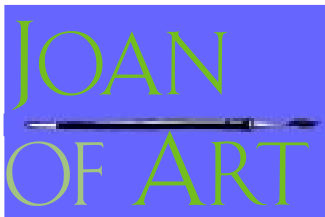
Our **Pet Spa Kit** for Fall-- includes our **Happy Pet Shampurea, Conditioner, Juniper Joints Topical Blend** and some **Puppy Love Syrup** (immune system booster).

Keep you pets healthy and happy with aromatic treasures created just for them.

P.S.... The most favorite thing of course is the aromatic treat, **Puppy Love Syrup**-- that is full of immune system building plant spirit energies and is a part of the pet kit or can be purchased separately.

Now available in *Papaya Nectar* as well.

## Joan of Art-- To Create Art is to Experience the Imagination of the Soul



It's been a powerful year for my art this year. I have enjoyed working with different mediums and have had the pleasure of sharing the sacred rattles with many. And that has inspired a larger project for the future. More on that at a later date.

A new art page has been added to the website (thank you David) and more multi-media work has been added as a part of my passion.

I became a member of the local Art Guild here in Lawrence, and had a an art showing at the Lawrence Art Gallery, with many other amaz-

ing artists. I am presently showing my art at the Global Café here in Lawrence with my husband and another dear friend, Paula O'Callaghan.

I will also be doing some local art shows in October and November; and will shortly be offering prints, card sets and a new card deck of my own. Great holiday gifts. Please continue to check back on these.

Next year-- well, I hope to be painting, creating and being inspired by the culture, art, flowers and fields of France more....and that dream, well...

## Same Time Next Year-- South of France, Spring 2008

*A group of soulful travelers...gathering together to enjoy sacred journeys near and far.*

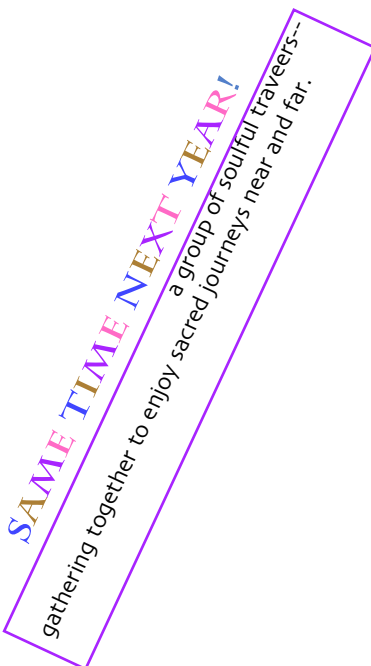
Next year we will be spending a month in France. We will be renting a villa for a month in June and are looking for other interested people who are eager to spend time exploring the South of France --be it for one week, two weeks, or the month; sharing the villa with us, traveling together or breaking out on your own... then coming together at day's end to break bread, share stories and simply unwind.

Our goal is to have heart-centered and open-minded people who desire to explore a new locale each year in a casual, comfortable and yet sacred way. Our maiden trip had all exploring the land, visiting sacred sites, as well as spending time writing, painting, and just having a great time.

*No planned itineraries-- just a free-flowing experience where group and individual activities evolve as interests unfold.*

Please e-mail me to begin discussing the possibilities and more intimate details.

[joan@joanclark.com](mailto:joan@joanclark.com)





Please visit my website for prices or more detailed information on any products, or e-mail me if you have any questions.

The **Goddess Aromatica** offers lifestyle options that inspire one to live their best life in tune and in harmony with nature, its seasons and its ceremonies.

We promise to offer the best in plant spirit alchemy, classes, workshops and inspirational musings.

Welcome to the Goddess...She is Alive!



*The Goddess Workshops @ Gatherings*  
*What's coming up?!*

\*\* October 19th – 22nd  
Annual Moon Goddess Retreat  
Santa Fe, New Mexico

November – 9th  
Women, Plant Spirit Medicine & Sacred Spirituality  
Lawrence, Kansas

November – tba  
An Introductory to Aromatherapy  
Mesa, Arizona



*Joan Clark's Palais Aromatica*  
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